

GREYFRIARS



Oysters

Mersea Rock available all year round,
native Colchester from September to April
Served traditionally with lemon,
shallot vinegar, Tabasco on ice

Mersea Rock
Three £ 9.50
Six £19.00

à la carte Menu

Lunch & Dinner: Monday to Sunday

Starters

Cucumber gazpacho £7.45 (v) (1) (2) (3)
Avocado & lime mousse, chilli, crème fraîche

Braised pork cheek £8.95
Crispy ham hock & black pudding bon bon, apple & rhubarb
compote, carrot & ginger purée, crackling

Cured salmon £10.95 (2) (3)
Colchester crab, grapefruit jelly, avocado purée,
confit lemon, chilli, ginger

Pan fried scallops £12.95
Black pudding, pancetta, watercress purée, curried dressing

Colchester seafood cocktail £12.95 (2) (3)
Native lobster, Colchester crab, prawn,
pickled cucumber, Iceberg

Essex asparagus & freekeh salad £8.25 (v) (1) (3)
Ricotta, red & yellow dried tomatoes, lime,
pine nuts, pistachio, honey dressing

Smoked duck breast £8.95 (2) (3)
Puy lentils, compressed cucumber,
apple crisp, radish, chilli oil

Heritage tomato & buratta salad £9.95 (v) (2)
Red watermelon, basil, green leaves, mint

Main Courses

Confit Chalk Farm trout £16.50 (2) (3)
Pickled green tomato & fennel salad, chimichurri

Cider braised Dingley Dell pork belly £18.50 (2)
Pommes Anna, celeriac purée, chanterelles, carrot, radish, cider jus

Pan fried stone bass £18.50 (2) (3)
Asparagus velouté, leek and potato rösti, crispy vegetables, samphire

Newbridge Mill Farm, Lexden,
8oz Fillet Steak £25.50 (2) (3)
Hand cut chips, roasted shallot, tomato
Served with a choice of Béarnaise, blue cheese or peppercorn sauce

Courgette & ricotta ravioli £13.95 (v)
Rainbow chard, pine nuts, Parmesan foam

'Market fish of the day' £POA (2) (3)
Roasted new potatoes, pomegranate, spring onion,
capers, chive, lemon

Prosciutto wrapped chicken ballotine £14.95
Stuffed with spinach and feta, orzo, tomato, carrot purée, asparagus,
spring onion, tarragon, jus

Wild mushroom pithivier £15.95 (v) (1) (3)
Herb crushed new potatoes, mushroom consommé

Lighter dishes & salads

Essex asparagus £7.95 (v) (2)
Grilled or steamed, poached egg, hollandaise

Classic Caesar salad £7.95
Cos lettuce leaves, Caesar dressing, toasted croûtons,
Parmesan shavings, anchovies

Chicken Caesar salad £12.95

Mixed leaf salad £7.95 (v) (1) (2) (3)
Cucumber, cherry tomato & piquillo peppers
Goujons of plaice, tartare sauce £7.95

Side orders £4.00

Spinach, buttered or olive oil
Chantenay carrots
Hand cut chips or rosemary fries
Mashed Maris Piper potato
Herb crushed new potatoes
Purple sprouting broccoli
Rocket & Parmesan
Heritage tomato & red onion

(v) denotes vegetarian option (1) denotes vegan option available upon request

(2) denotes gluten free option available upon request (3) denotes dairy free option available upon request

Food Allergies and intolerances: Before ordering please speak to a member of the food service or bar team about our ingredients.

Should you have any questions regarding the content or preparation of any of our food please ask one of our team.