

# GREYFRIARS

COLCHESTER



## GreyFriars' Festive Afternoon Tea in the Rose Room

Available from Saturday 1st December to Sunday 30th December 2018  
(excluding Christmas Day)

“Tea! Thou soft, thou sober, sage and venerable liquid...

“Thou female tongue-running, smile-smoothing, heart-opening, wink-tipling cordial, to whose glorious insipidity I owe the happiest moment of my life, let me fall prostrate. The soothing rite that calms the soul, lifts the spirit and makes any afternoon an extraordinary event”

~ Colley Cibber: *The Lady's Last Stake*, 1708 (English Actor-Manager)

The heyday of afternoon tea was in the days of the British Empire when the “Sahib” and his family, having taken early luncheon, would have to wait until the cool of the late evening to take dinner.

Afternoon tea filled the gap and when they returned home they brought the ceremony back home with them. It was at this point that the fashionable hotels took wholeheartedly to the serving of traditional afternoon and Devonshire cream teas, following the introduction in the mid 1840s by Anna, Duchess of Bedford, to fill in the time between early luncheon and dinner.

We understand that some of our guests have special dietary requirements (vegetarian, vegan and cultural) and would be delighted to accommodate any particular preferences within your afternoon tea selection.

Please let us know how with 24 hours' notice, so we can tailor your Afternoon Tea experience to suit your requirements.

Food Allergies and intolerances: Before ordering please speak to a member of our team about our ingredients. Should you have any questions regarding the content or preparation of any of our food please ask a member of our team.

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## GreyFriars' Festive Afternoon Tea

£23.00 per person

Our traditional festive afternoon tea is the perfect balance of sweet & savoury.

### Afternoon Tea Selection

#### Sandwiches

Maldon smoked salmon, horseradish cream cheese, beetroot  
Dingley Dell honey roast ham, orange marmalade  
Cream cheese, cucumber, mint  
Roast turkey, cranberry  
Egg mayonnaise, watercress

#### Sweet

Ginger cake, caramel cream, candied walnut  
Clementine posset, cranberry shortbread  
Mississippi mud pie, mulled wine cherry  
Chocolate orange doughnut, cinnamon sugar

#### Scones

Nutmeg glazed, cranberry & orange  
Plain

Served with clotted cream

&

GreyFriars' Christmas spiced cranberry & apple preserve

Vegetarian and Vegan options are available, please ask a member of our team, allowing us at least 24 hours' notice.

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## Festive Gentlemen's Afternoon Tea

(24 hours' notice required)

£23.00 per person

Our Festive Gentlemen's Afternoon Tea features old English favourites for an indulgent savoury experience.

### Afternoon Tea Selection

#### Sandwiches

Maldon smoked salmon, horseradish cream cheese, beetroot

Dingley Dell honey roast ham, orange marmalade

Cream cheese, cucumber, mint

Roast turkey, cranberry

Egg mayonnaise, watercress

#### Savouries

Crayfish cocktail, lobster mayonnaise, melba toast

Mini Newbridge Farm beef & wild mushroom Wellington

Wild boar Scotch egg with relish

Chicken croquette

#### Scones

Maple cured bacon scone & black truffle butter

Plain scone

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## Festive Little Prince and Princess Tea

(for children under 12)  
(24 hours' notice required)

£18.00 per person

Afternoon tea should not just be reserved for adults, so we have adapted our traditional menu to suit every little Prince and Princess to enjoy. Before they sit down to their delicious treats, our team will assist children in decorating their own gingerbread man.

(This service is complimentary and subject to the availability.

Please allow us at least 24 hours' notice if you would like to include this option.)

### Drink Selection

#### Tea

Strawberry or chocolate milkshake  
Hot chocolate or warm cinnamon milk  
Pink lemonade

#### Sandwiches

Honey glazed ham  
Cheddar cheese  
Egg mayonnaise

#### Sweet

Star 'jammy dodger'  
Chocolate orange doughnut, cinnamon sugar  
Fruit jellies  
Profiterole, blackberry cream

Nutmeg glazed, cranberry & orange scone

or

plain scone

Served with clotted cream

&

GreyFriars' Christmas spiced cranberry & apple preserve

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## GreyFriars' Afternoon Tea Selection



The following tea is sourced and selected **by Rare Tea Company**

### Royal Air Force Tea for Heroes

Makaibari Estate, Darjeeling, India and Satemwa Estate, Thyolo Mountains, Malawi  
Traditional British tea at its finest - made originally for a Battle of Britain WW2 navigator.

This tea has a unique depth of flavour with satisfying complexity.  
With soft, floral notes from the foothills of the Himalayas and a rich, deep base from the Shire Highlands of Malawi. It has an aromatic honey nose with a malty finish.

### Earl Grey

Satemwa Estate, Thyolo Mountains, Malawi and Reggio Calabria, Italy  
A traditional Earl Grey made exclusively by Rare Tea Company from hand-crafted single estate black tea and natural bergamot oil from the ancient citrus groves of Calabria.

This is tea as it used to be - not a modern approximation of a classic.  
A clean and exceptionally bright tea and can be enjoyed with a twist of lemon zest in place of milk.

### Second Flush Muscatel Darjeeling

Makaibari Estate, Darjeeling, India

This highly fragrant black tea is picked in the foothills of The Himalayas on one of the oldest and most beautiful estates in Darjeeling. They care immeasurably about the land, the people who live and work on it, and craft the finest tea imaginable.

It has a heady, floral aroma with dark notes of caramel and muscatel grapes.  
Best enjoyed without milk.

### Whole Green Leaf

Fuding, Fujian Province, China

An exquisite Chinese green tea that has been meticulously hand-crafted.  
The leaves are fired in a wok over charcoal in the same way, and in the same place it has been produced for 3000 years.  
Refreshing with a light smoky undertone, it is the antithesis of bitter, mass produced green teas.

### Jasmine Silver Tip

Fuding, Fujian Province, China

A delicate white tea crafted entirely from spring buds.  
The tea is carefully scented over six consecutive nights with fresh jasmine flowers.  
Once the preserve of only the Chinese Imperial family.  
A deep and heady aroma with an elegant and gentle flavour.

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Herbal Infusions

Sri Lankan Lemongrass

Amba Estate, Ravanna Falls, Sri Lanka

A smooth, rich herbal infusion with flavours of cut hay and lemon drops.

This uniquely complex and full-bodied lemongrass is grown in a remote mountain tea garden above the Ravanna falls, Sri Lanka.

English Peppermint

Tregothnan Botanical Gardens, Cornwall, UK

A rare English peppermint grown in Cornwall on the Tregothnan Estate, established in 1335.

Counter-intuitively, the menthol oils infuse more easily from the dried leaf, giving a brighter, cleaner flavour than fresh mint.

It has a strong peppery nose with a smooth balanced flavour.

English Chamomile

Tregothnan Botanical Gardens, Cornwall, UK

Grown in a botanical garden on the Tregothnan Estate in Cornwall.

These chamomile flowers are extraordinarily sweet, pure and aromatic.

The taste of summer meadows.

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