

# GREYFRIARS

COLCHESTER



## GreyFriars' Afternoon Tea in the Rose Room

“Tea! Thou soft, thou sober, sage and venerable liquid...

“Thou female tongue-running, smile-smoothing, heart-opening, wink-tippling cordial, to whose glorious insipidity I owe the happiest moment of my life, let me fall prostrate. The soothing rite that calms the soul, lifts the spirit and makes any afternoon an extraordinary event”

~ Colley Cibber: *The Lady's Last Stake*, 1708 (English Actor-Manager)

The heyday of afternoon tea was in the days of the British Empire when the “Sahib” and his family, having taken early luncheon, would have to wait until the cool of the late evening to take dinner.

Afternoon tea filled the gap and when they returned home they brought the ceremony back home with them. It was at this point that the fashionable hotels took wholeheartedly to the serving of traditional afternoon and Devonshire cream teas, following the introduction in the mid 1840s by Anna, Duchess of Bedford, to fill in the time between early luncheon and dinner.

We understand that some of our guests have special dietary requirements (vegetarian, vegan and cultural) and would be delighted to accommodate any particular preferences within your afternoon tea selection.

Please let us know how with 24 hours' notice, so we can tailor your Afternoon Tea experience to suit your requirements.

Food Allergies and intolerances: Before ordering please speak to a member of our team about our ingredients. Should you have any questions regarding the content or preparation of any of our food please ask a member of our team.

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## GreyFriars' Afternoon Tea

£23.95 per person

Our traditional afternoon tea is the perfect balance of sweet & savoury.

### Afternoon Tea Selection

#### Sandwiches

Maldon smoked salmon, caper butter | Horseradish bread  
Roasted ham, red onion chutney | Tomato bread  
Cucumber, cream cheese | Tarragon bread  
Coronation chicken rolled in roasted almonds | Caraway seed bread  
Free range egg mayonnaise, watercress | White bread

#### Sweet

Tiramisu, cocoa nibs  
Rhubarb & white chocolate macaron  
Banana cake, milk chocolate mousse, caramel  
Lemon tart, raspberry meringue, Chantilly

#### Scones

Mixed fruit & raisin

Plain

Served with clotted cream and homemade strawberry preserve

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## Gentlemen's Afternoon Tea

(24 hours' notice required)

£24.95 per person

Our Gentlemen's Afternoon Tea features old English favourites for an indulgent savoury experience.

### Afternoon Tea Selection

#### Sandwiches

Maldon smoked salmon, caper butter | Horseradish bread  
Roasted ham, red onion chutney | Tomato bread  
Cucumber, cream cheese | Tarragon bread  
Coronation chicken rolled in roasted almonds | Caraway seed bread  
Free range egg mayonnaise, watercress | White bread

#### Savouries

Mini Newbridge Farm beef & wild mushroom Wellington  
Wild boar & apple sausage roll  
Crab salad, salmon roe  
Chicken & garlic croquette

#### Scones

Maple cured bacon scone & black truffle butter  
Plain

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## GreyFriars' Vegetarian Afternoon Tea

£23.95 per person

Our vegetarian afternoon tea is the perfect balance of sweet & savoury.

### Afternoon Tea Selection

#### Sandwiches

Caramelised red onion, grilled courgette | Tomato bread  
Hummus, roasted red pepper | Horseradish bread  
Aubergine purée, pomegranate | Caraway bread  
Cucumber, cream cheese | Tarragon bread  
Free range egg mayonnaise, watercress | White bread

#### Sweet

Carrot cake, coconut cream, candied orange  
Rhubarb & white chocolate macaron  
Banana cake, milk chocolate mousse, caramel  
Lemon tart, raspberry meringue, Chantilly

#### Scones

Mixed fruit & raisin  
Plain  
Served with clotted cream  
&  
GreyFriars' homemade strawberry preserve

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## GreyFriars' Vegan Afternoon Tea

(24 hours' notice required)

£23.95 per person

Our vegan afternoon tea is the perfect balance of sweet & savoury.

### Afternoon Tea Selection

#### Sandwiches

Caramelised red onion, grilled courgette | Tomato bread  
Hummus, roasted red pepper | Horseradish bread  
Aubergine purée, pomegranate | Caraway bread  
Cucumber, mint chickpea mayonnaise | Tarragon bread  
Avocado, baby gem, tomato | White bread

#### Sweet

Carrot cake, coconut cream, candied orange  
Victoria sponge, strawberry jam, coconut cream  
Chocolate brownie, chocolate cream  
Fruit cocktail, chia seeds

#### Scones

Mixed fruit

Plain

Served with vanilla coconut cream

&

GreyFriars' homemade strawberry preserve

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## Little Prince and Princess Tea

(for children under 12)  
(24 hours' notice required)

£18.00 per person

Afternoon tea should not just be reserved for adults, so we have adapted our traditional menu to suit every little Prince and Princess to enjoy. Before they sit down to their delicious treats, our team will assist children in decorating their own cupcake.

(This service is complimentary and subject to the availability of the staff.  
Please allow us at least 24 hours' notice if you would like to include this option.)

### Drink Selection

#### Tea

Strawberry or chocolate milkshake  
Hot chocolate or warm cinnamon milk  
Pink lemonade

#### Sandwiches

##### Ham

Cheddar cheese  
Free range egg mayonnaise

#### Sweet

##### Rocky road

Jam tart  
Cupcake

Cookies & cream macaron

A freshly baked scone, fruit or plain, served with clotted cream  
and homemade strawberry preserve

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# GreyFriars' Afternoon Tea Selection

## JING

The following tea is sourced and selected by **JING Tea**

### **Assam Breakfast**

Assam, India

This signature breakfast tea has been meticulously selected during the prime second flush, and expertly blended to promote the diverse qualities of bold Assam terroir: assertive strength, honeyed-malt, and truly rich flavour.

### **Earl Grey**

Ruhuna, Sri Lanka

To create this definitive version of Earl Grey tea, quality ingredients were selected that perfectly balance one another: a full-bodied base black tea from Sri Lanka, the zesty note from natural bergamot and a sprinkling of bright blue cornflowers.

### **Darjeeling Second Flush**

West Bengal, India

Our tippy Darjeeling Second Flush tea encapsulates the best of the summer season of this famous region. Lighter and more fragrant than other Indian black teas, this particular darjeeling tea combines warming and comforting aromatic flavours with a deeply refreshing taste and enough body to make it a classic afternoon tea.

### **Organic Jade Sword**

Hunan, China

This unique interpretation of 'Mao Feng', one of China's most widely enjoyed green teas. The mist that protects the bushes from sunlight in the tea gardens, prevents the production of bitterness in the leaves, rendering a sweet, succulent flavour. Simple hand-baking completes this very fresh, green tea which, upon infusion, reveals a delicate, floral aroma and vegetal character.

### **Jasmine Silver Needle**

Yunnan, China

The young tea buds are plucked whole and dried slowly during the spring season. Their delicate texture and sweet taste offer the perfect base for natural scenting in the height of summer. The tea is laid with fresh jasmine flowers for five consecutive nights, releasing enticing aromas as they bloom.

### **White Peony**

Fujian, China

Sets of two deep green leaves, and a downy silver bud produce a pale golden green infusion full of sweet notes of honey and refreshing cucumber and melon. This White Peony combines the delicate flavour of Silver Needle white tea with the depth and complexity of a green tea.

### **Lemon Verbena**

Agadir, Morocco

The highest grade loose Lemon Verbena leaf has been picked and dried slowly to retain the vivid flavour of this beautiful plant, revealing a graceful lemon-pine freshness.

### **Peppermint Leaf**

Bavaria, Germany

A high-quality, loose leaf peppermint tea picked whole and slowly dried to retain essential oils, colour and flavour, rendering an intensely refreshing, smooth and invigorating infusion with a long finish. Packed into our airtight double zip-locked bags for ultimate freshness.

### **Chamomile Flowers**

Slavonia, Croatia

Composed only of the freshest, brightest and whole loose leaf chamomile flowers for a clean and fresh, caffeine-free infusion with clear chamomile taste. Our Chamomile Tea is dried slowly to retain essential oils, flavour and aroma, ideal to enjoy at any time of the day.