

# GREYFRIARS

COLCHESTER



## GreyFriars' Afternoon Tea in the Rose Room

“Tea! Thou soft, thou sober, sage and venerable liquid...

“Thou female tongue-running, smile-smoothing, heart-opening, wink-tipling cordial, to whose glorious insipidity I owe the happiest moment of my life, let me fall prostrate. The soothing rite that calms the soul, lifts the spirit and makes any afternoon an extraordinary event”

~ Colley Cibber: *The Lady's Last Stake*, 1708 (English Actor-Manager)

The heyday of afternoon tea was in the days of the British Empire when the “Sahib” and his family, having taken early luncheon, would have to wait until the cool of the late evening to take dinner.

Afternoon tea filled the gap and when they returned home they brought the ceremony back home with them. It was at this point that the fashionable hotels took wholeheartedly to the serving of traditional afternoon and Devonshire cream teas, following the introduction in the mid 1840s by Anna, Duchess of Bedford, to fill in the time between early luncheon and dinner.

We understand that some of our guests have special dietary requirements (vegetarian, vegan and cultural) and would be delighted to accommodate any particular preferences within your afternoon tea selection.

Please let us know how with 24 hours' notice, so we can tailor your Afternoon Tea experience to suit your requirements.

Food Allergies and intolerances: Before ordering please speak to a member of our team about our ingredients. Should you have any questions regarding the content or preparation of any of our food please ask a member of our team.

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## GreyFriars' Afternoon Tea

£23.95 per person

Our traditional afternoon tea is  
the perfect balance of sweet & savoury.

### Sandwiches

Maldon smoked salmon, citrus cream cheese | Horseradish bread  
Roasted ham, orange mayonnaise | Tomato bread  
Cucumber, cream cheese | Tarragon bread  
Turkey & cranberry | Caraway seed bread  
Free range egg mayonnaise, watercress | White bread

### Sweets

GreyFriars Christmas cake  
Coconut & white chocolate macaron  
Milk chocolate & peanut caramel mousse, dark chocolate sponge  
Clementine & star anise cheesecake

### Scones

Cranberry  
Plain  
Served with clotted cream  
&  
GreyFriars' homemade strawberry preserve

With your choice of tea  
(please see reverse)

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## Gentlemen's Afternoon Tea

£24.95 per person

Our Gentlemen's Afternoon Tea features old English favourites for an indulgent savoury experience.

### Sandwiches

Maldon smoked salmon, citrus cream cheese | Horseradish bread  
Roasted ham, orange mayonnaise | Tomato bread  
Cucumber, cream cheese | Tarragon bread  
Turkey & cranberry | Caraway seed bread  
Free range egg mayonnaise, watercress | White bread

### Savouries

Mini Newbridge Farm beef & wild mushroom Wellington  
Wild boar & apple sausage roll  
Crab salad, salmon roe  
Chicken & garlic croquette

### Scones

#### Plain

Maple cured bacon  
Served with black truffle butter

With your choice of tea  
(please see reverse)

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## **GreyFriars' Vegetarian Afternoon Tea**

£23.95 per person

Our vegetarian afternoon tea is the perfect balance of sweet & savoury.

### Sandwiches

Caramelised red onion, grilled courgette | Tomato bread  
Hummus, roasted red pepper | Horseradish bread  
Aubergine purée, pomegranate | Caraway seed bread  
Cucumber, cream cheese | Tarragon bread  
Free range egg mayonnaise, watercress | White bread

### Sweet

GreyFriars Christmas cake  
Coconut & white chocolate macaron  
Milk chocolate & peanut caramel mousse, dark chocolate sponge  
Clementine & star anise cheesecake

### Scones

Cranberry  
Plain  
Served with clotted cream  
&  
GreyFriars' homemade strawberry preserve

With your choice of tea  
(please see reverse)

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## GreyFriars' Vegan Afternoon Tea

(24 hours' notice required)

£23.95 per person

Our vegan afternoon tea is the perfect balance of sweet & savoury.

### Sandwiches

Caramelised red onion, grilled courgette | Tomato bread  
Hummus, roasted red pepper | Horseradish bread  
Aubergine purée, pomegranate | Caraway bread  
Cucumber, mint chickpea mayonnaise | Tarragon bread  
Avocado, baby gem, tomato | White bread

### Sweet

Red velvet cake, coconut icing  
Cherry panna cotta, shortbread  
Chocolate torte, orange cream  
Gingerbread, spiced frosting

### Scones

Cranberry  
Plain

Served with vanilla coconut cream  
&  
GreyFriars' homemade strawberry preserve

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## Little Prince and Princess Tea

(for children under 12)  
(24 hours' notice required)

£18.00 per person

Afternoon tea should not just be reserved for adults, so we have adapted our traditional menu to suit every little Prince and Princess to enjoy.

Before they sit down to their delicious treats, our team will assist children in decorating their own gingerbread biscuit.

(This service is complimentary and subject to the availability of the staff. Please allow us at least 24 hours' notice if you would like to include this option.)

### Drink Selection

#### Tea

Strawberry or chocolate milkshake  
Hot chocolate or warm cinnamon milk  
Pink lemonade

#### Sandwiches

Ham  
Cheddar cheese  
Free range egg mayonnaise

#### Sweet

Christmas pudding  
crispy cake  
Chocolate brownie  
White chocolate snowman macaron

A freshly baked scone, cranberry or plain, served with clotted cream and homemade strawberry preserve

# GreyFriars' Afternoon Tea Selection

## JING

The following tea is sourced and selected by **JING Tea**

### **Assam Breakfast**

Assam, India

This signature breakfast tea has been meticulously selected during the prime second flush, and expertly blended to promote the diverse qualities of bold Assam terroir: assertive strength, honeyed-malt, and truly rich flavour.

### **Earl Grey**

Ruhuna, Sri Lanka

To create this definitive version of Earl Grey tea, quality ingredients were selected that perfectly balance one another: a full-bodied base black tea from Sri Lanka, the zesty note from natural bergamot and a sprinkling of bright blue cornflowers.

### **Darjeeling Second Flush**

West Bengal, India

Our tippy Darjeeling Second Flush tea encapsulates the best of the summer season of this famous region. Lighter and more fragrant than other Indian black teas, this particular darjeeling tea combines warming and comforting aromatic flavours with a deeply refreshing taste and enough body to make it a classic afternoon tea.

### **Organic Jade Sword**

Hunan, China

This unique interpretation of 'Mao Feng', one of China's most widely enjoyed green teas. The mist that protects the bushes from sunlight in the tea gardens, prevents the production of bitterness in the leaves, rendering a sweet, succulent flavour. Simple hand-baking completes this very fresh, green tea which, upon infusion, reveals a delicate, floral aroma and vegetal character.

### **Jasmine Silver Needle**

Yunnan, China

The young tea buds are plucked whole and dried slowly during the spring season. Their delicate texture and sweet taste offer the perfect base for natural scenting in the height of summer. The tea is laid with fresh jasmine flowers for five consecutive nights, releasing enticing aromas as they bloom.

### **White Peony**

Fujian, China

Sets of two deep green leaves, and a downy silver bud produce a pale golden green infusion full of sweet notes of honey and refreshing cucumber and melon. This White Peony combines the delicate flavour of Silver Needle white tea with the depth and complexity of a green tea.

### **Lemon Verbena**

Agadir, Morocco

The highest grade loose Lemon Verbena leaf has been picked and dried slowly to retain the vivid flavour of this beautiful plant, revealing a graceful lemon-pine freshness.

### **Peppermint Leaf**

Bavaria, Germany

A high-quality, loose leaf peppermint tea picked whole and slowly dried to retain essential oils, colour and flavour, rendering an intensely refreshing, smooth and invigorating infusion with a long finish. Packed into our airtight double zip-locked bags for ultimate freshness.

### **Chamomile Flowers**

Slavonia, Croatia

Composed only of the freshest, brightest and whole loose leaf chamomile flowers for a clean and fresh, caffeine-free infusion with clear chamomile taste. Our Chamomile Tea is dried slowly to retain essential oils, flavour and aroma, ideal to enjoy at any time of the day.