

GREYFRIARS

à la carte Menu

Lunch & Dinner: Tuesday to Saturday

Starters

Essex asparagus soup £6.95 (v)
Soft poached quail egg, truffle oil

Rocket salad £7.95 (v)
Parmesan, rapeseed and pomegranate dressing

Colchester seafood cocktail £12.95
Native lobster, Colchester crab, prawn,
pickled cucumber, baby gem

Carpaccio of Rare Breed beef £8.95
Haggis croquettes, horseradish cream, caper berries,
croutons, pickled vegetables

Roasted cauliflower pithivier £9.95 (v)
Curried raisins, shallots, chestnuts,
spiced cauliflower purée

Dingley Dell pork belly £8.95
Pickled endive, Jersey Royal, purple potato crisps,
parmesan foam

Wensum goat's cheese mousse £8.95 (v) Apple
jelly, candied beets, hazelnut & ginger bread

Orkney scallops £12.95
Pea purée, candied pistachio, garlic emulsion,
lime and pistachio dressing

Braised crispy octopus £12.95
Avocado purée, pink grapefruit,
sesame & lemongrass dressing

Sea trout ceviche £10.95
Amarillo chili, lime, ginger, avocado, red onion

Main Courses

Pot roasted skate on the bone £18.50
Tarragon tortellini, pork cheeks, leek fondant,
broccoli purée

West Coast Scottish hake £19.50
Warm pickled beets, watercress purée, radish,
roasted chervil roots

Rare Breed beef fillet £28.50
Cavolo nero, artichoke, ironbark pumpkin,
braised beef cheek

Dingley Dell pork belly £18.50
Dauphinoise purée, braised pickled cabbage, potato crisps,
salted gherkin, pork crackling

10oz Rare Breed rib eye of beef 28 day aged £27.50
Twice cooked hand cut chips, vine tomatoes,
portobello, Béarnaise

Norfolk black leg chicken £18.50
White bean and truffle purée, broccoli florets,
diced maple bacon

Lavender spiced Gressingham duck breast £19.95
Charred kale, roasted sweet potato, beets, maple glaze

Roasted rump of Essex lamb £24.50
Smoked bone marrow mayonnaise, lamb bacon,
radish, pickled girolles

Essex asparagus & pea risotto £15.50 (v)
Asparagus spears, peas, broad beans, pea shoots

Mersea Oysters

Mersea Rock available all year round,
native Colchester from September to April
Served traditionally with lemon, shallot vinegar,
Tabasco on ice

Mersea Rock
Three £ 9.50
Six £16.95

Colchester Native
Three £10.95
Six £19.95

Side orders and salads £4.00

Wilted spinach leaves

Hand cut chips

Buttered asparagus

Mashed Maris Piper potato

Minted New potatoes

Glazed Heritage carrots

Buttered curly kale

Garden Salad

(v) denotes vegetarian option

Food Allergies and intolerances:
Before ordering please speak to a member of the
food service or bar team about our ingredients.
Should you have any questions regarding the content
or preparation of any of our food
please ask one of our team.