

# GREYFRIARS

## Oysters

Served traditionally with lemon,  
shallot vinegar, Tabasco on ice

Mersea Rock

Three £ 9.50

Six £19.00

## Starters

Roasted pumpkin soup £7.25 (v) (1) (2) (3)

Autumn squash crisp, coriander, yogurt, sunflower seeds

Colchester seafood cocktail £12.95 (2) (3)

Native lobster, Colchester crab, prawn,  
pickled cucumber, Iceberg

Braised venison £9.95 (2)

Pickled blackberry, red cabbage purée, onion crisp

Cauliflower textures £8.25 (v) (1) (2) (3)

Quinoa, pearl barley, cob nuts, grapefruit

Pan fried scallops £12.95 (2) (3)

Strawberry gel, macerated strawberries,  
pine nut crumb, balsamic dressing

Ham hock terrine £9.95 (2)

Piccalilli, toasted sour dough, caramelised onion purée

Seared soy marinade tuna £12.95 (2) (3)

Asian slaw, avocado & wasabi purée, black sesame seeds

Tomato & mozzarella tortellini £8.95 (v)

Tomato consommé foam, basil pesto, black olive tuile

## à la carte Menu

Lunch & Dinner: Monday to Sunday

## Main Courses

Pan fried cod £18.50 (2)

Saffron risotto, clams, autumn squash gnocchi, grilled baby leeks

Braised ox cheek £18.95 (2)

Thyme crumbed bone marrow, creamed potato  
roasted carrots, trumpet mushrooms, jus

Roasted wild halibut £22.50 (2)

Salsify, borlotti bean purée, cavolo nero,  
celeriac rémoulade, beuree noisette

Newbridge Mill Farm, Lexden,

8oz Fillet Steak £26.50 (2) (3)

Hand cut chips, roasted shallot, tomato

Served with a choice of Béarnaise, blue cheese or peppercorn sauce

Whole roasted baby squash £15.95 (v) (1) (2) (3)

Stuffed with wild rice, pumpkin seeds, cranberry,  
dried tomato, goat's cheese

'Market fish of the day' £POA (2) (3)

Quail egg, sautéed potatoes, roasted autumn squash,  
burnt orange, beuree noisette

Roasted pheasant\* breast £18.95

Pheasant leg, parsnip purée, parsnip crisp,  
sweet potato dauphinoise, kale

Trio of Essex lamb £19.95

Rack, shoulder, sweetbread

Orzo, feta, grapefruit, rosemary, garlic & caper purée

## Lighter dishes & salads

Classic Caesar salad £7.95

Cos lettuce leaves, Caesar dressing, toasted croûtons,  
Parmesan shavings, anchovies

Chicken Caesar salad £12.95

Mixed leaf salad £7.95 (v) (1) (2) (3)

Cucumber, cherry tomato & piquillo peppers

Goujons of plaice, tartare sauce £7.95

## Side orders £4.00

Spinach, buttered or olive oil

Carrots, buttered or olive oil

Hand cut chips or rosemary fries

Mashed Maris Piper potato

Sautéed green beans, chili

Rocket & Parmesan

(v) denotes vegetarian option (1) denotes vegan option available upon request

(2) denotes gluten free option available upon request (3) denotes dairy free option available upon request

\* Game birds may contain lead shot

Food Allergies and intolerances: Before ordering please speak to a member of the food service or bar team about our ingredients. Should you have any questions regarding the content or preparation of any of our food please ask one of our team.