

GREYFRIARS

à la carte Menu

Lunch & Dinner: Monday to Sunday

Oysters

Mersea Rock available all year round,
native Colchester from October to March
Served traditionally with lemon,
shallot vinegar, Tabasco on ice

Mersea Rock	Colchester Native
Three £ 9.50	Three £12.00
Six £19.00	Six £24.00

Starters

Tomato gazpacho £7.25 (v) (1) (2) (3)
Marinated heritage tomato, basil mousse, olive caviar

Colchester seafood cocktail £12.95 (2) (3)
Native lobster, native crab, prawn,
pickled cucumber, Iceberg

Scallop & crab 'lasagne' £12.95
Celeriac, pickled apple, sea vegetable, lemongrass bisque

Sea bass ceviche £10.95 (2) (3)
Avocado, spring onion, chilli, lime, sweet potato crisp

Truffle mushroom bon bons £9.95 (v)
Herb risotto, butternut squash purée,
butternut squash crisp

Summer vegetable risotto £7.75 (v) (1) (2) (3)
Gran Mantovano crisp, pea shoots, lemon foam

Pan fried Norfolk pigeon* £10.95
Panisse, girolles, hazelnuts, rhubarb, broad bean purée

Smoked ham hock terrine £9.95 (2) (3)
Chicken, apricot, black pudding, mustard aioli, toasted
sourdough, dressed mixed leaf salad

Main Courses

Beef Wellington £28.50
Garlic mash, carrot, girolles, broad beans,
roasted shallot purée

Steamed Glitne halibut £19.50 (2)
Crushed purple potatoes, cucumber, lumpfish caviar,
crab, crab butter sauce, dill oil

Tomato & feta stuffed courgette £15.95 (v) (1) (2) (3)
Buttered spinach, spiced potatoes, curried lentil sauce

8oz Fillet Steak £27.50 (2) (3)
Hand cut chips, roasted shallot, tomato
Served with a choice of Béarnaise, blue cheese or peppercorn sauce

Herb pappardelle £16.25 (v)
Cherry tomatoes, mozzarella, broad beans,
confit lemon, pine nuts, rocket, basil oil

Roasted lamb rump £21.95 (2)
Pressed shoulder, confit new potatoes,
baby carrot, carrot purée, mint gel, lamb jus

Pan fried salmon £18.50 (2)
Lyonnais potatoes, braised fennel, capers, golden raisin,
brown shrimp, beurre blanc sauce

Dingley Dell cured pork belly £17.95 (2)
Sweet potato dauphinois, charred leek purée,
apple, crackling, red wine jus

Lighter dishes & salads

Classic Caesar salad £7.95
Cos lettuce leaves, Caesar dressing, toasted croûtons,
Gran Mantovano shavings, anchovies

Chicken Caesar salad £11.95
Goujons of plaice, tartare sauce £7.95

Side orders £3.50

Spinach, buttered or olive oil (v) (1) (2) (3)
Hand cut chips or rosemary fries (v) (1) (2) (3)
Garlic mashed Maris Piper potato (v) (2)
Sautéed curly kale (v) (1) (2) (3)
Carrots, buttered or olive oil (v) (1) (2) (3)
Dressed mixed leaf salad (v) (1) (2) (3)

(v) denotes vegetarian option (1) denotes vegan option available upon request

(2) denotes gluten free option available upon request (3) denotes dairy free option available upon request

* Game birds may contain lead shot

Food Allergies and intolerances: Before ordering please speak to a member of the food service or bar team about our ingredients.

Should you have any questions regarding the content or preparation of any of our food please ask one of our team.