

GREYFRIARS

Oysters

Mersea Rock available all year round,
native Colchester from September to April
Served traditionally with lemon,
shallot vinegar, Tabasco on ice

Mersea Rock
Three £ 9.50
Six £19.00

à la carte Menu

Lunch & Dinner: Monday to Sunday

Starters

Cucumber gazpacho £7.45 (v) (1) (2) (3)
Avocado & lime mousse, chilli, crème fraîche

Braised pork cheek £8.95
Crispy ham hock & black pudding bon bon,
apple & rhubarb compote, carrot & ginger purée, crackling

Salmon & tiger prawn sashimi £12.95 (3)
Pink pickled ginger, wasabi, ponzu,
black sesame seeds, coriander cress, red amaranth

Pan fried scallops £12.95 (2) (3)
Strawberry gel, macerated strawberries,
pine nut crumb, balsamic dressing

Colchester seafood cocktail £12.95 (2) (3)
Native lobster, Colchester crab, prawn,
pickled cucumber, Iceberg

Goat's cheese mousse salad £8.25 (v) (2)
Carrot, beetroot, turnip, hazelnuts,
grapefruit, orange & honey dressing, sourdough crisp

Newbridge Mill Farm, Lexden,
Beef fillet carpaccio £10.95 (2) (3)

Charcoal mayonnaise, rocket,
Parmesan crisp, truffle oil

Heritage tomato & buratta salad £9.95 (2)
Red watermelon, basil, green leaves, mint

Main Courses

Confit Chalk Farm trout £16.50 (2) (3)
Pickled green tomato & fennel salad, chimichurri

Trio of Essex lamb £19.95
Rack, shoulder, sweetbread
Orzo, feta, grapefruit, rosemary, garlic & caper purée

Pan fried stone bass £18.50 (2) (3)
Pea velouté, leek and potato rösti, crispy vegetables, samphire

Newbridge Mill Farm, Lexden,
8oz Fillet Steak £25.50 (2) (3)
Hand cut chips, roasted shallot, tomato
Served with a choice of Béarnaise, blue cheese or peppercorn sauce

Courgette & ricotta ravioli £13.95 (v)
Rainbow chard, pine nuts, Parmesan foam

'Market fish of the day' £POA (2) (3)
Roasted new potatoes, pomegranate,
spring onion, capers, chive, lemon

Prosciutto wrapped chicken ballotine £14.95
Stuffed with spinach and feta, creamed potato, sautéed green beans,
runner beans, mangetout, carrot purée, semi-dried tomato

Wild mushroom pithivier £15.95 (v) (1) (3)
Herb crushed new potatoes, mushroom consommé

Lighter dishes & salads

Classic Caesar salad £7.95
Cos lettuce leaves, Caesar dressing, toasted croûtons,
Parmesan shavings, anchovies

Chicken Caesar salad £12.95

Mixed leaf salad £7.95 (v) (1) (2) (3)
Cucumber, cherry tomato & piquillo peppers

Goujons of plaice, tartare sauce £7.95

Side orders £4.00

Spinach, buttered or olive oil

Carrots, buttered or olive oil

Hand cut chips or rosemary fries

Mashed Maris Piper potato

Herb crushed new potatoes

Rocket & Parmesan

Heritage tomato & red onion

Buttered summer green bean

(v) denotes vegetarian option (1) denotes vegan option available upon request

(2) denotes gluten free option available upon request (3) denotes dairy free option available upon request

Food Allergies and intolerances: Before ordering please speak to a member of the food service or bar team about our ingredients.

Should you have any questions regarding the content or preparation of any of our food please ask one of our team.