

GREYFRIARS

à la carte Menu

Lunch & Dinner: Monday to Sunday

Main Courses

Roasted cod loin £18.50 (2) (3)

Butternut squash purée, broad beans, bacon, pearl onions,
butternut squash crisp, mussels, sea foam

Beef Wellington £27.50 (3)

Truffle mash, sautéed mushrooms,
honey glazed baby vegetables, redcurrant jus

Pan fried monkfish tails £18.95 (2) (3)

Smoked artichoke purée, roasted artichoke mash,
chestnuts, radish, samphire

Newbridge Mill Farm, Lexden,

8oz Fillet Steak £26.50 (2) (3)

Hand cut chips, roasted shallot, tomato

Served with a choice of Béarnaise, blue cheese or peppercorn sauce

Spelt & barley butternut squash risotto £14.50 (v) (1) (2) (3)

Roasted squash, Gran Mantovano crisp, pine nuts, crispy sage

'Market fish of the day' £POA (2) (3)

Quail egg, sautéed potatoes, roasted autumn squash,
burnt orange, beurre noisette

Essex lamb £19.95 (2) (3)

(Herb crusted lamb rack, seared lamb loin)

Fondant potatoes, smoked Jerusalem artichoke purée,
roasted aubergine, broad beans, curried yogurt, minted lamb jus

Ballotine of chicken breast £16.95 (2)

Stuffed with piquillo pepper & crème fraiche, potato purée,
purple sprouting broccoli, crispy chicken skin, bacon jam

Wild mushroom pithivier £15.95 (v) (1) (3)

Chestnut mash, sautéed cabbage, mushroom consommé

Oysters

Served traditionally with lemon,
shallot vinegar, Tabasco on ice

Mersea Rock

Three £9.50

Six £19.00

Colchester Native

Three £11.50

Six £23.00

Starters

Spiced parsnip soup £7.25 (v) (1) (2) (3)

Apple mousse, dill cracker, pumpkin seeds

Colchester seafood cocktail £12.95 (2) (3)

Native lobster, Colchester crab, prawn,
pickled cucumber, Iceberg

Pan fried pigeon £9.95 (2) (3)

Butternut squash purée, quince,
confit leg bon bon, chicory

Lobster bisque £8.95 (2)

Chive crème fraiche, lobster

Warm goat's cheese tart £9.50 (v)

Fig, onion & caper, balsamic dressed leaves

Pan fried scallops £12.95 (2) (3)

Romesco sauce, crisp pancetta, chorizo crumb,
sea fennel, sea purslane, pickled kohlrabi

Newbridge Mill Farm, Lexden,

Bavette tartare £10.95 (2) (3)

Smoked anchovy mayonnaise, sourdough crisp,
red meat radish, crisp capers

Seared soy marinade tuna £12.95 (2) (3)

Asian slaw, avocado & wasabi purée, black sesame seeds

Lighter dishes & salads

Classic Caesar salad £8.95

Cos lettuce leaves, Caesar dressing, toasted croûtons,
Gran Mantovano shavings, anchovies

Chicken Caesar salad £12.95

Mixed leaf salad £7.95 (v) (1) (2) (3)

Cucumber, cherry tomato & piquillo peppers

Goujons of plaice, tartare sauce £7.95

Side orders £3.95

Spinach, buttered or olive oil

Honey roasted carrots and parsnips

Hand cut chips or rosemary fries

Mashed Maris Piper potato

Savoy cabbage

Purple sprouting broccoli and chili

Sautéed cavolo nero, hazelnuts

(v) denotes vegetarian option (1) denotes vegan option available upon request

(2) denotes gluten free option available upon request (3) denotes dairy free option available upon request

* Game birds may contain lead shot

Food Allergies and intolerances: Before ordering please speak to a member of the food service or bar team about our ingredients.

Should you have any questions regarding the content or preparation of any of our food please ask one of our team.